



MARCH

2024

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FEATURED EMPLOYEE OF THE MONTH

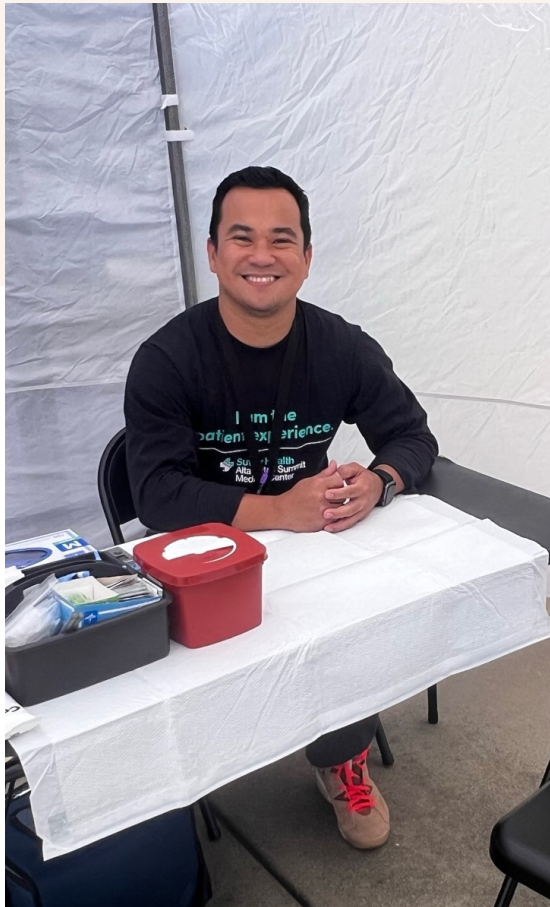
At Sutter Bay Hospital-East Bay Advanced Care (EBAC), we are privileged to have individuals like Juriz Macorol, whose dedication and passion have made a significant impact on our community. As our Outreach and Retention Specialist, Juriz has been an invaluable asset for the past two years, consistently going above and beyond to improve the lives of those we serve.

Juriz's commitment to enhancing healthcare accessibility and promoting preventive measures has been exemplary. One of his most notable achievements has been his instrumental role in increasing our HIV testing numbers. Through his proactive outreach initiatives and community engagement efforts, Juriz has helped to raise awareness about the importance of HIV testing, resulting in more individuals receiving timely screenings and access to essential care services.

Moreover, Juriz's dedication extends beyond testing to ensuring that patients have access to vital resources like PrEP (Pre-Exposure Prophylaxis) and PEP (Post-Exposure Prophylaxis) services. By facilitating education and outreach programs, Juriz has empowered individuals to make informed decisions about their sexual health and take proactive steps towards HIV prevention and treatment.

Juriz's collaborative spirit is evident in his work with the Prevention Team. Together, they have implemented innovative strategies and initiatives that have not only enhanced our services but also strengthened our reputation as a trusted healthcare provider in the community.

Juriz's unwavering dedication, tireless efforts, and passion for improving healthcare outcomes have truly made a difference in the lives of countless individuals. His contributions have not only transformed EBAC but have also left a lasting impact on our community. We are incredibly grateful to have Juriz as part of our team and look forward to witnessing his continued success in the years to come.





DIRECTORS CORNER

East Bay Advanced Care (EBAC) can deliver excellent empathic and compassionate care by prioritizing several key principles and practices:

1. **Patient-Centered Approach:** Make the patient the focus of all interactions and decisions. Listen actively to their concerns, preferences, and needs, and involve them in their care plans.
2. **Empathy and Understanding:** Train staff to empathize with patients by understanding their experiences, emotions, and perspectives. Encourage caregivers to communicate empathy through active listening, validating feelings, and showing compassion.
3. **Cultural Competence:** Recognize and respect the diversity of patients' backgrounds, beliefs, and values. Provide culturally sensitive care by tailoring services to meet individual cultural preferences and addressing potential cultural barriers.
4. **Clear Communication:** Foster open, honest, and transparent communication with patients and their families. Ensure that information is conveyed clearly, avoiding medical jargon, and encourage patients to ask questions and express their concerns.
5. **Continuity of Care:** Strive to establish long-term relationships with patients to provide consistent, personalized care. Coordinate care across different providers and settings to ensure seamless transitions and continuity of treatment.
6. **Psychosocial Support:** Recognize the importance of addressing patients' psychosocial needs alongside their medical concerns. Offer emotional support, counseling, and resources to help patients cope with the stressors and challenges they may face.
7. **Patient Education:** Empower patients to take an active role in managing their health by providing them with comprehensive education and resources. Ensure that patients understand their conditions, treatment options, and self-care strategies.
8. **Quality Improvement:** Commit to ongoing quality improvement efforts to enhance the delivery of care. Seek feedback from patients and staff, monitor outcomes, and implement changes to address areas for improvement.
9. **Staff Well-being:** Support the well-being and professional development of staff members to enable them to provide compassionate care effectively. Offer training, resources, and opportunities for self-care to prevent burnout and promote job satisfaction.
10. **Ethical Practice:** Uphold high ethical standards in all aspects of care delivery. Respect patient autonomy, maintain confidentiality, and adhere to principles of beneficence and non-maleficence in decision-making.

By embracing these principles and practices, East Bay Advanced Care can create a culture of empathy, compassion, and excellence that prioritizes the holistic well-being of patients and fosters trust and satisfaction among patients and their families.



Excellence
We deliver high-quality, equitable care, have courage to take on the toughest challenges and model stewardship



Curiosity
We are constantly learning and creating new ways to advance healthcare



Teamwork
We collaborate with humility and solve for ONE Sutter



Compassion
We show empathy and understanding in every personal interaction



Inclusion
We respect and celebrate our differences and similarities, and cultivate a sense of belonging



Integrity
We earn trust by doing the right thing and delivering on our [commitments](#)



Living the Sutter Values at East Bay Advanced Care (EBAC) is not just a motto; it's a commitment to creating a workplace culture that prioritizes certain core values. Let's explore how each of these values can be embodied at EBAC:

I. Curiosity & Integrity:

- **Curiosity:** Encourage a culture of continuous learning and growth. Employees at EBAC can stay curious by seeking out new information, exploring innovative solutions, and staying updated on the latest advancements in their respective fields.
- **Integrity:** Uphold the highest standards of honesty and ethical behavior. This involves being transparent in decision-making, taking responsibility for actions, and fostering an environment where trust is paramount.

2. Compassion & Inclusion:

- **Compassion:** Promote empathy and understanding among team members. In healthcare, this could mean showing genuine concern for patients, understanding their needs, and providing support beyond just medical treatment.
- **Inclusion:** Create a diverse and inclusive workplace where individuals from various backgrounds feel valued and heard. This involves actively seeking different perspectives, fostering a sense of belonging, and ensuring that everyone has equal opportunities for growth and success.

3. Excellence & Teamwork:

- **Excellence:** Strive for excellence in every aspect of service. Whether it's patient care, administrative tasks, or collaboration, employees should be committed to delivering the highest quality outcomes.
- **Teamwork:** Recognize the power of collaboration. Encourage open communication, effective teamwork, and mutual support. This ensures that everyone's strengths are utilized, leading to better outcomes for both the organization and the patients.

By embodying these values, EBAC not only creates a positive and enriching work environment for its employees but also enhances the overall quality of care and services provided to patients. Regular training, communication, and recognition programs can further reinforce and celebrate these values, fostering a culture that aligns with the Sutter Values.

NURSING EXPERIENCE



National Women and Girls HIV/AIDS Awareness Day

March 10th is National Women & Girls HIV/AIDS awareness day. Heterosexual women accounted for 16% of new HIV infections in 2021, with black women accounting for 40% of those new cases. This is almost double that of all other races combined. Hispanic/Latino women have the next highest number of new HIV cases (CDC, 2021).

Many women are unaware of their partner's status. If a partner is HIV positive, and they are detectable, there is a high likelihood of transmitting the disease through sexual contact.

Help prevent the spread of HIV by educating your family and friends on how to prevent HIV by using condoms, never sharing needles, abstaining from sex or using PrEP. PrEP is pre-exposure prophylaxis, which can be taken monthly in the form of a pill or injection to protect themselves from HIV.

If your church or community center is interested in a HIV testing event, reach out to our prevention team or a social worker.

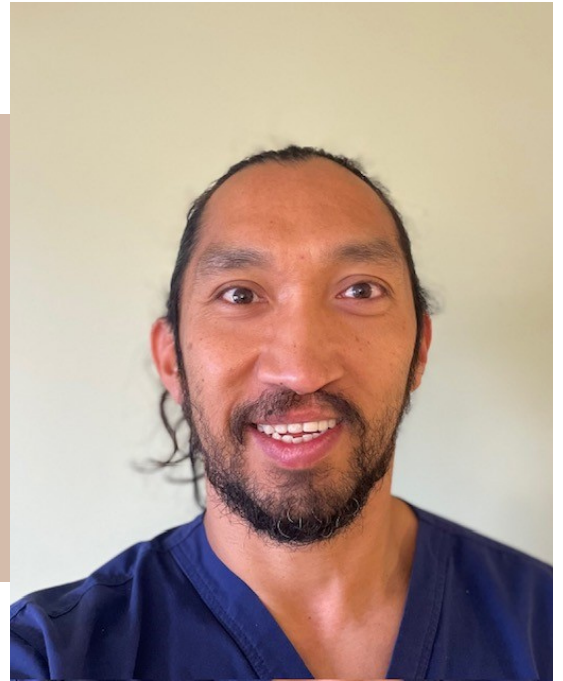
HIV isn't a respecter of age, race, sex, gender, or income. Anyone can contract HIV.



WELCOME TO EBAC

Welcome Jemuel to EBAC's nursing staff!

Jemuel come to us from Oregon and has worked in several roles as a RN including the ED. He is married to Raquel with two beautiful children Kiyari 5y girl and Amaru 3y boy . Jem loves to travel and says the best place he has traveled to is Croatia. He also enjoys biking, hiking, runny, or anything outdoors



Welcome Vicki to EBAC's nursing staff!

Vicki comes to us from ICU and has worked ED for many years. She has 2 cats, David and Rex and two beautiful grandchildren Josie who is 5 and Dutton who is 2. She enjoys weightlifting



SOCIAL WORK



MARCH 30TH: WORLD BIPOLAR DAY

World Bipolar day brings awareness to bipolar disorder and decrease its stigma, which impacts about 2.8% of the adult population in the United States. For those living with bipolar disorder, WBD offers an opportunity to connect with others as well as assistance in gaining access to valuable resources and relationships that can improve their lives through treatment. WBD's ultimate goal is to inspire a global shift in thinking that will eliminate social stigma and promote acceptance.

NATIONAL DRUG & ALCOHOL FACTS WEEK

March 18-24th is National Drug & Alcohol Facts Week (NDAFW). NDAFW is an annual health observance that inspires dialogue about the science of drug use and addiction among youth and adults. If you are in need of additional resources, looking for treatment, or want someone to talk about drug & alcohol facts, please reach out to one of our social workers. Our social work team can help with finding you an inpatient and outpatient program to help you with your sobriety journey!





LUNAR NEW YEAR PARADE



On Sunday February 18th, the City of Oakland held their 2nd Annual Lunar New Year Parade in Chinatown.

EBAC was invited to help represent Sutter Health at the parade. Staff tabled and gave out nearly 20 Preventive Health Guidelines--in both English and Chinese. Over 10 Sutter Health employees and EBAC staff, interns, and patients showed up to march in the parade and hear Sutter Health Chief Medical Officer Dr. Matthew H. R. Dahnke speak on the main stage. A special thank you to Lisa Hom, Community Health Manager at Sutter Health, for working with EBAC staff to set Sutter Health up for success at the parade. And a big thank you to the Oakland Chinatown Improvement Council for inviting Sutter Health to ring in the Lunar New Year!



RESEARCH TEAM

We are excited to announce we were recently selected by Gilead as a study site for their upcoming GS 6290 ARTISTRY 2 project. This project will evaluate the efficacy of Bictegravir/ Lenacapavir versus current therapy in people living with HIV-I who are successfully treated with Biktarvy.

During this study we will be testing and learning about the safety of these medication, how well the study drug(s) are tolerated, and how long they stay in your body. There will be about 546 participants enrolled in this study from about 120 locations globally. We are in the start-up process of this project as of now but hope to start enrolling subjects between May and June of this year.

We are also preparing to launch our Gilead 6289 Artistry I study. Similar to the GS 6290 study, this project will test the efficacy of Bictegravir/ Lenacapvir. Instead of comparing these medications to Biktarvy, this study will look at BIC/LEN versus current therapy in people living with HIV-I who are successfully treated with more complicated regimens. Phase 3 of this study has opened, and the first participant was just screened on January 29th of this year. We hope to start enrolling participants for this study in April, 2024.



GILEAD

For any questions about our upcoming studies, patients can ask their EBAC provider directly, or call Julian De La Cruz at 510-869-8490.

PREVENTION

We are thrilled to share the latest update on our recent HIV Prevention Outreach programs as we strive to make a positive impact on the health and well-being of our community. Here are the impactful initiatives we have undertaken in our ongoing efforts to raise awareness and provide support:

1. Steamworks: We have rammed up our testing schedules at the beginning of this year. Our new testing schedule are the 1st and 3rd weekends of the month (12-4pm). Since January, we have tested 15 people and linked 1 client to HIV care here at EBAC.
2. QT Pie event @ UC Berkeley: We were invited by Gender Equity Department of UC Berkeley to participate in their QT Pie event, where we conducted HIV testing and provide education about sexual health and PrEP/PEP to the students. We have tested 9 queer students and have networked with other Queer-Trans student organizations.
3. Thrive Together: Jesse and Juriz tabled at CalPEP's Thrive Together event at West Oakland where they talked about the importance of PREP and how to access it. They were able sign up 1 client to get his PrEP medication here at EBAC.
4. CCC Campus Outreach: Jesse and Ryan tabled at Contra Costa College Health Fair where they provided education on HIV prevention and sexual health to the students. This established a partnership with CCC to expand our network outside Alameda County.

As we move forward, our commitment to eradicating the stigma associated with HIV/AIDS remains unwavering. We are dedicated to fostering an environment of understanding, compassion, and support for all members of our community. We have ongoing partnerships with different communities and organizations here in Oakland and we are hoping that it will come into fruition in the coming months.

We invite you to join us in our ongoing efforts to promote HIV prevention and support those affected by this global health challenge. Together, we can create a future free from the impact of HIV/AIDS.

STAFF LEARNING: INJECTABLE PREP

On February 29th, Prevention Staff members Juriz and Ryan attended a training on Implementing Injectable PrEP--hosted by East Bay Getting to Zero (EBGTZ). The training was attended by many HIV treatment and prevention organizations to learn best practices and clinical structures to offer injectable PrEP. As opposed to the PrEP pill, which must be taken everyday to be effective, the injections are administered by a medical practitioner in clinic every other month. They are just as effective as the pill form.

A big thank you to East Bay Getting to Zero for hosting a wonderful day filled with valuable information, best practices, and lots of networking! We are so grateful for all the organizations who made time to share their knowledge through presentations and group discussions.

Have questions about injectable PrEP? Ask an EBAC staff member today! You can also find providers near you at <http://ebgtz.org>

Implementing Injectable PrEP
A one-day training course for clinical teams

February 29, 2024
10am-3pm
California Endowment
2000 Franklin St
Oakland, CA

Hosted by
 EAST BAY GETTING TO ZERO

SAVE THE DATE!
Registration information coming soon!

